

IS NEGATIVITY HURTING TEAM PRODUCTIVITY?



Becky Hooman works with organizations who want to improve team productivity by neutralizing workplace negativity.

What clients are saying

“Becky is a confident, caring presenter. She believes in her message and can successfully motivate an audience... her smile, passion and energy as a speaker can easily captivate an audience... she is as authentic as they get.” – Michelle Donovan, Author, Speaker, www.ReferralInstitutePittsburgh.com.

“Becky was a fabulous storyteller, she kept us on the edge of our seats! Her information was extremely valuable – things we can all use in everyday situations. What a powerhouse of knowledge.” –Susan Bluemling, Certified Internet Webmaster, www.Web-Makeovers.com.



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Programs

All programs are customized and may range from 45 minute keynotes to full day seminars.

• Building a Negativity-Resistant Team

Why are other people so irritating? How can I communicate my viewpoint more effectively? What can we do to become more effective and productive as a team:

- Learning to interpret each other's behavior
- Gaining ability to influence others
- Reducing team conflict
- Improving working relationships

• Neutralizing Your Negative Attitudes

What causes negativity? Why does it matter? How do you stop the habit of negativity in yourself and others? Five attitudes to actively replace negative thought patterns:

- Reducing negative thinking
- Thinking in possibilities
- Adopting an abundance vs. scarcity mentality
- Being self-referent
- Adopting an attitude of love and caring

• Avoiding the Trap of Negative Actions

Sometimes we're our own worst enemy in terms of the things we do (or don't do). How do you gain control of yourself in a world of too many obligations and too little time, to stay on the positive track:

- Caring for yourself
- Managing your time
- Facing your finances
- Improving your communications
- Clearing out the clutter